



Developing the Elite Player!

Special points of interest:

- **Feb 7th:** Open House at Brambleton Sport and Health
- **Feb 28th:** Last day of Early Bird Spring pricing
- **Mar 27th:** Last day of Spring registration and Last Day to request refunds
- **Mar 29-Apr 4:** Spring Break
- **Apr 11th:** Spring Rec Season games begin
- **Apr 13th:** Week of 1st practices
- **May 23rd:** No games—Memorial Day
- **Jun 6th:** End of Season Tournament:

FCV Ashburn Blast

www.fcvashburn.com

Volume 2 Issue 2

FEBRUARY 2015

New Rec Partner for FCV Ashburn

FCV Ashburn is proud to announce that Gus Donolo of "[Soccer the Brazilian Way](#)" has been hired to run FCV Ashburn's Recreational Soccer Training. Gus will be bringing his established set of trainers and new Recreational Soccer Director, Dave McMillan (see page 2) to be on site weekly. They will be providing all professional training for our Recreational Players. We know that FCV Ashburn is unique in the fact that we provide professional trainers to all of our Rec players so they learn to play correctly from an early age. We want to continue to bring you the top trainers in the area so you under-



stand the value of learning from a consistent, competent, and dynamic staff. Team formations will occur after the first few weeks of training for U5 and above. This is just another way we are constantly trying to improve based on your feedback. [Early Bird specials](#) are still in place through Feb. [Click Here](#) to register for Rec NOW!

Brambleton Sport & Health Open House

Look for FCV Ashburn's table at the Open House held by Brambleton Sport and Health on Saturday (2/7) from 10am -2pm. There is an indoor Turf Area for Football, Soccer, Lacrosse training & more, Skills Assessment Equipment for ball-handling and Soccer footwork, Video Analysis Equipment for objective, real-time feedback.

Register for the FCV/Sport and Health Crossover Program and participate in Play with the Pros Challenges, plus there are Prizes, Music, Refreshments, Photo Booth, and More! Appearances & autographs by the Washington Redskins, and Washington Spirit Women's Soccer Team. Grand Prize Drawing for Explosive Performance Team Training Worth \$5000!

Soccer In Tanzania



FCV Ashburn helped to make a very Merry Christmas for the students of the Mtongani Primary School in Tanzania. The soccer club helped in a humanitarian effort by providing dozens of soccer balls, jerseys, and other gear to the students. The students were thrilled to start playing soccer with real soccer balls and FCV Ashburn was thrilled to help!

Contact Us

FCV Ashburn

P.O. Box 976
Ashburn, VA 20146
Phone: 800-492-9370

admin@fcvashburn.com



From Dave McMillan—FCV Ashburn's New Recreation Director

I have been coaching 25+ years in Northern Va. and 10 years with Soccer the Brazilian Way. I have coached both recreational and travel soccer. I currently hold a D license and have plans for my C in the near future. I have worked with highly talented teams, both with girls and boys from U9 to U18. I have developed a current U18 nationally ranked boys team who are #2 in Va and #33 in US per Got Soccer and are playing National League. I have 7 college commits so far with more players who are undecided. I developed these boys from ODSL1 up to their current status. I coach a nationally ranked D1 U13 boys team. I currently have players who have developed their skills and fundamentals through Soccer the Brazilian Way recreational program and have taken those skills to travel. We teach fundamentals as early as age 4-5 and continue fundamentals up until

college with age appropriate drills and games. I have a proven plan and knowledge in recreational training to prepare players for pre-academy and travel for FCV Ashburn. I have been the coordinator and director for many coaching clinics both in recreational and travel leagues. I have been on the sideline as a parent watching my daughter develop in this great game. She started in recreational soccer and advanced to travel, playing in National League where her coach Gus Donolo taught her the fundamentals. I understand that it has to be fun for the player so they want to train. There are so many memories and relationships that come from this game, and to be a part of those memories and relationships are part of my drive to be the best role model, coach, trainer & Director of Training for FCV Ashburn recreation program. —Dave McMillan

